

## WINTER — YOUR VEHICLE AND YOU — BE PREPARED!

Driving in the winter means snow, sleet, and ice that can lead to slower traffic, hazardous road conditions, hot tempers and unforeseen dangers. To help you make it safely through winter, here are some suggestions from the National Safety Council to make sure that you and your vehicle are prepared.

### Weather

At any temperature — 20 degrees Fahrenheit below zero or 90 degrees Fahrenheit above — weather affects road and driving conditions and can pose serious problems. It is important to listen to forecasts on radio, TV, cable weather channel, or forecasts in the daily papers.

### Your Vehicle

Prepare your vehicle for winter. Start with a checkup that includes:

- Checking the ignition, brakes, wiring, hoses and fan belts.
- Changing and adjusting the spark plugs.
- Checking the air, fuel and emission filters, and the PCV valve.
- Checking the battery.
- Checking the tires for air, sidewall wear and tread depth.

### Necessary Equipment

An emergency situation on the road can arise at any time and you must be prepared. Following the tuneup, a full tank of gas, and fresh anti-freeze, your trunk should carry:

- A properly inflated spare tire, wheel wrench and tripod-type jack
- A shovel
- Jumper cables
- Tow and tire chains
- A bag of salt or cat litter
- Tool kit

### Essential Supplies

You must be prepared with a "survival kit" that should always remain in the vehicle, be replenished after use, and contain the following:

- Working flashlight and extra batteries
- Flares, reflective triangles and brightly-colored cloth
- Compass
- First Aid Kit
- Exterior windshield cleaner
- Ice scraper and snow brush
- Wooden stick matches in a waterproof container
- Scissors and string/cord
- Non-perishable, high energy foods like unsalted canned nuts dried fruits, and hard candy
- Rechargeable battery (that is fully charged) for your cell phone

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In addition, if you are driving long distances under cold, snowy, and icy conditions, you should also carry supplies to keep you warm such as:

- Heavy woolen mittens, socks, cap, blankets
- Newspapers to wrap around your torso and feet, and large plastic leaf bags you can cut holes in for your head and arms

### **If You Become Stranded:**

- Do not leave your vehicle unless you know exactly where you are, how far it is to possible help, and are certain you will improve your situation.
- To attract attention, light two flares and place one at each end of the vehicle a safe distance away. Hang a brightly colored cloth from your antenna.
- If you are sure the vehicle's exhaust pipe is not blocked, run the engine and heater for about 10 minutes every hour or so depending upon the amount of gas in the tank.
- To protect yourself from frostbite and hypothermia, use the woolen items, blanket, newspapers, and large bags to keep warm.
- Keep at least one window open slightly. Heavy snow and ice can seal a vehicle shut.
- Eat a hard candy to keep your mouth moist.